

HERE'S MY HEART

Chorus 1

Here's my heart Lord
Here's my heart Lord
Here's my heart Lord
Speak what is true

Verse 1

'Cause I am found I am Yours
I am loved I'm made pure
I have life I can breathe
I am healed I am free

Verse 2

'Cause You are strong You are sure
You are life You endure
You are good always true
You are light breaking through

Chorus 2

Here's my heart Lord
Here's my heart Lord
Here's my heart Lord
Speak what is true
Here's my life Lord
Here's my life Lord
Here's my life Lord
Speak what is true
Speak what is true
Speak what is true

Bridge

You are more than enough
You are here You are love
You are hope You are grace
You're all I have You're everything

THE STAND

Verse 1

You stood before creation
Eternity in Your hand
You spoke the earth into motion
My soul now to stand

Verse 2

You stood before my failure
And carried the cross for my shame
My sin weighed upon Your shoulders
My soul now to stand

Pre-Chorus

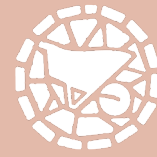
So what can I say
And what can I do
But offer this heart O God
Completely to You

Verse 3

So I'll walk upon salvation
Your Spirit alive in me
My life to declare Your promise
My soul now to stand

Chorus

So I'll stand
With arms high and heart abandoned
In awe of the One who gave it all
I'll stand
My soul Lord to You surrendered
All I am is Yours



Kingdom Builders

MY HEART, FOR YOURS

MARCH 2024 GATHERING NOTES



OUR CHILD AND OUR TREASURE

There is a battle for our soul because we are treasured and beloved daughters of a King.

*"For all that is in the world, sensual lust, enticement for the eyes, and a pretentious life, is not from the Father but is from the world."
1 John 2:16*

"For those who live according to the flesh are concerned with the things of the flesh, but those who live according to the spirit with the things of the spirit." Romans 8:5

CHILDLIKE COMBAT A ~ B ~ C: When we sense a sinful desire, we speak to ourselves gently, lovingly, but firmly (like we would with a young child) using this ABC method:

- A. Acknowledge it ~ name it to take it.
- B. Back up ~ Bring it to the light to question the true longing.
- C. Create ~ We create an alternative solution/distraction.

*“Every man that knocks at the door of a brothel is looking for God.”
GK Chesterton*

“Where you stumble, there lies your treasure.” Poet Joseph Campbell

OUR BODY IS GOOD

Our body is not a prison, but a gift.

“The body, in fact, and it alone is capable of making visible that which is invisible; the spiritual and the Divine.” St. John Paul II

“Our body is a cenacle, a monstrance: through its crystal the world should see God.” St. Gianna Beretta Molla

STREAMS OF GRACE

We silence the enemy’s lies by embracing the three streams from the Sacred Heart.

ENEMY LIE #1 ~ It will Always Be THIS Hard. Just give in now.

“The Lord GOD is my help, therefore I am not disgraced . . . I shall not be put to shame.” (from the 1st Reading, Isaiah 50:4-7, 3/24/24)

ENEMY LIE #2 ~ Your Heavenly Father doesn’t want to hear from you. You do not deserve His mercy.

“If anyone does sin, we have an Advocate with the Father, Jesus Christ the righteous one. He is expiation for our sins, and not for our sins only but for those of the whole world.” (from the 2nd Reading, 1 John 2:1-5, 4/14/24)

ENEMY LIE #3 ~ Since God is allowing this, then God is not good.

“Bear one another’s burdens . . .” Galatians 6:2

ENEMY LIE #4 ~ You are alone. No one struggles the way you do.

“Jesus said to them, ‘My soul is sorrowful even to death. Remain here and keep watch.’” (from the Gospel of Mark 14:1—15:47, Palm Sunday)

ENEMY LIE #5 ~ Do not ask why; just keep on sinning and hating yourself.

*“Think of what is above, not of what is on earth.”
(from the 2nd Reading, Colossians 3:1-4, 3/31/24)*

“I will place My law within them and write it upon their hearts; I will be their God, and they shall be My people.”

(from the 1st Reading, Jeremiah 31:31-34, 3/17/24)

FIRST STREAM OF THE SACRED HEART: This is a stream of mercy for sinners; it pours into our hearts, contrition and repentance: the Sacrament of Reconciliation (Examen and Encounter Pamphlet).

SECOND STREAM OF THE SACRED HEART: This is a stream of charity which assists all in need and especially helps those seeking holiness to find the ways to handle their difficulties: Childlike Combat A-B-C, Pulling Weeds: Renounce, Remove, Receive (Shepherd our Soul Pamphlet).

THIRD STREAM OF THE SACRED HEART: This is a stream of love and light for those who are seeking to live their lives in holiness: We sow seeds of grace and shield ourselves with His Word (Shepherd our Soul Pamphlet).

*“He became what we are so that we might become what He Is.”
St. Irenaeus of Lyons*

“Behold this Heart which has so loved men that It spared nothing, even going so far as to exhaust and consume Itself, to prove to them Its love.”

Jesus to St. Margaret Mary Alacoque



Examen & Encounter Pamphlet and Shepherd our Soul (SOS) Pamphlet can be found on our Prayer Resources Page on our website.



More information on Mosaic Small Groups can be found on our website.

The dates of all Gatherings at all Host Parishes can be found on our website.

www.BuildingThroughHim.com

If you are a Catholic that has been away from the Sacraments ~ Jesus thirsts for you to come home. If you are not Catholic but are seeking Jesus in the Eucharist, He longs to give Himself to you. Please contact our RCIA director below for more information.

PARISH INFORMATION



Listen to the Podcast: Building Through Him!